



Pediatric Associates of Brockton

Outpatient Therapy Resources

How to Use This Guide

This guide is organized into three sections to help you quickly find the type of behavioral health support that best fits your needs:

Page 1: Outpatient Agencies

This page includes outpatient therapy agencies that accept both private insurance and MassHealth. Please call ahead or visit agency websites to confirm insurance coverage and availability. We recommend contacting two to three agencies, as waitlists are common and availability may vary.

Page 2: Walk-In Mental Health Services

This page highlights agencies offering walk-in mental health services for individuals with private insurance and MassHealth. See this page for additional information, including what to expect during a visit.

Page 3: Urgent Behavioral Health Services

This section includes agencies that provide urgent mental health support for children and families experiencing immediate behavioral health concerns. These services can include crisis evaluation, stabilization, and short-term support to ensure safety and determine next steps for care.

If you need assistance at any point, please don't hesitate to contact our
Behavioral Health Care Coordinator 508-584-1234 ext. 2122

Page 1 – Outpatient Agencies

Agency Name	Location(s)	Contact Information (phone number and website)
Abelard Psychotherapy	Canton and Dedham	781-344-0057 https://www.abelardpsychotherapy.com/
Arbour Counseling Services	Allston, Fall River, Franklin, Haver, Lowell, Norwell, Woburn, Worcester	339-645-9744 https://arbourhealth.com/
BAMSI/Whitman Counseling	Whitman	781-447-6425 https://www.bamsi.org/wp-content/uploads/2023/02/Whitman-Counseling-Center.pdf
Community Counseling of Bristol County (CCBC)	Attleboro and Taunton	508-828-9116 https://www.comcounseling.org/#services
Dana Behavioral Health	Hanover, Needham and Norwell	781-429-7755 https://www.danabehavioralhealth.org/
Gandara Mental Health	Locations throughout Massachusetts, call to confirm	877-733-3146 https://www.gandaracenter.org/
High Point	Brockton, New Bedford and Plymouth	800-233-4478 https://hptc.org/
Luminosity Behavioral Health Services	Brockton	781-344-0102 https://www.luminbhs.org/
Northeast Family Services	Locations throughout Massachusetts, call to confirm	481-620-5952 https://nehs.transformationsnetwork.com/
Southeast Behavioral Health Center - Justice Resource Institute	Taunton	508-828-1308 https://jri.org/?program=southeast-behavioral-health-center
T Jocelyne Counseling and Consulting Group	Brockton	508-580-0364 https://www.tjocelynecounselingclinic.org/
The Well	Bridgewater	508-697-1070 https://www.visitthewell.org/

Headway - <https://headway.co/>

Headway is an online search platform that connects you with individual practitioners based on your insurance and preferences.

Page 2 – Walk-in Mental Health Services

This page highlights agencies that offer walk-in or same-day (“open access”) mental health services. These services allow you to meet with a clinician without a scheduled appointment. MassHealth and many private insurance plans are accepted.

Community Behavioral Health Centers (CBHCs) offer walk-in, outpatient, and crisis services for children and families.

Crisis services are available **24/7, year-round**, including holidays. Routine outpatient services are typically available from 8am–8pm on weekdays and 9am–5pm on weekends.

Services are offered **in-person and via telehealth**.

Local Walk-In / Open Access CBHCs

Community Counseling of Bristol County

1 Washington St, Taunton, MA 02780

Phone: [\(800\) 660-4300](tel:8006604300)

High Point Treatment Center CBHC

30 Meadowbrook Dr, Brockton, MA 02301

Phone: [\(888\) 725-9066](tel:8887259066)

Child and Family Services

61 Industrial Park Rd, Plymouth, MA 02360

Phone: [\(877\) 996-3154](tel:8779963154)

965 Church St, New Bedford, MA 02745

Phone: [\(877\) 996-3154](tel:8779963154)

1052 Pleasant St, Fall River, MA 02723

Phone: [\(877\) 996-3154](tel:8779963154)

Aspire CBHC

54 Miller St, Quincy, MA 02169

Phone: [800-528-4890](tel:8005284890)

This page includes services for children and families experiencing **urgent or immediate mental health concerns**.

Urgent behavioral health services can provide crisis evaluation, stabilization, and short-term support. Providers will help assess the situation, ensure safety, and determine next steps for care, which may include outpatient therapy, higher levels of care, or hospitalization if needed.

These services are available regardless of insurance status.

24/7 Crisis Support

988 Suicide & Crisis Lifeline - Call or text **988**, or chat via 988lifeline.org

Free, and confidential, provides immediate support, emotional assistance, and connection to local resources

Massachusetts Mobile Crisis - **877-382-1609**

Clinicians can meet you at home, in the community, or via telehealth, provides on-site crisis assessment, de-escalation, and short-term stabilization, can help determine next steps and connect to ongoing care